



Stepping On © Clemson & Swann



**Health**  
South Eastern Sydney  
Local Health District

## 'STEPPING ON' referral form

Please fax or email completed form to: Stepping On Project Co-ordinator

**Email:** [info@share.org.au](mailto:info@share.org.au)

**Phone:** 8580 0628 or Mobile: 0499 003 155

### Participant details:

Name:		D.O.B:     /     /	Sex: M/F
Address:			
Suburb:		NSW	Post code:
Home phone:	Mobile:	Language spoken:	
Falls history: Number of falls or near fall:			
Cognition: (please circle)     Intact                      Borderline                      Poor			
Is patient suffering from degenerative neurological condition that affects their ability to participate in interactive group process?   YES/ NO			
Precautions:			
Current medication:			
Walking aid:			

- Is patient **MEDICALLY STABLE** to participate in an exercise program? YES / NO
- Is patient **ABLE** to participate in testing and any intervention strategies implemented? (i.e.: no severe degenerative disease or cognitive deficits)? YES / NO
- Is patient **MOTIVATED** to undertake the intervention strategies suggested? YES / NO

Referring Doctor's name:	
Surgery contact details:	
Signature:	Date:

