

## SUMMER CLASSES TIMETABLE

CALL US ON 85800628

**BOOK NOW** 

CLASS & LOCATION	JANUARY DATE & COST	WEDNESDAY TIME & CODE	THURSDAY TIME & CODE	FRIDAY TIME & CODE
YOGA Kogarah School of Arts Don Mamouney	7th, 14th, 21st & 28th <b>\$6.50 per class</b>	10:30am SUM01		
ZUMBA GOLD Kogarah School of Arts Norma Rojas	7th, 14th, 21st & 28th <b>\$6.50 per class</b>	10:30am SUM02		
LIVING LONGER LIVING STRONGER Kogarah School of Arts Liliana Carrolo	7th, 14th, 21st & 28th <b>\$6.50 per class</b>	10.30am SUML03		
FITTER & STRONGER St. Helen's Community Centre Tony Earls	8th, 15th, 22nd & 29th <b>\$6.50 per class</b>		9:00am SUM04	



SUMMER CLASS & LOCATION DATE & COST WEDNESDAY TIME & CODE	THURSDA Y TIME & CODE	FRIDAY TIME & CODE
TIMETABLE  LIVING LONGER LIVING STRONGER  Redfern, Ron Williams Centre  Tony Earls  9th, 16th, 23th & 30th  \$6.50 per class	9:00am SUM05	
PILATES Oatley RSL Hall Linda Melgaard  8th, 15th, 22nd & 29th \$12.50 per class	10:30am SUM06	
FITTER & STRONGER Oatley RSL Hall Neda Kazemikhoo  9th, 16th, 23rd & 30th \$12.50 per class		9:30am SUM07
STRENGTH, STRETCH & RELAX Oatley RSL Hall Dorothy Senise  7th, 14th, 21st & 28th \$12.50 per class		