FREE COMMUNITY **CARE SERVICES**

For more information, or to register for any of our services, please contact us on 8580 0628 or email info@share.org.au





Care Support Hotline - 8580 0628

Call us between 9am-4pm weekdays for information about Covid-19, mental health and wellbeing, community support, access to food and more.



Food Hamper Delivery

Let us help you take away the worry of putting food on the table. Register with us for our hampers loaded with pantry staples, fruit and veg with contactless drop-off to your door.



Community Transport Bus

Need help getting to and from the shops, or doctors, or essential places? Our community transport bus is in operation, regularly cleaned with all COVID safety guidelines strictly adhered to.

For those enrolled in our Term 3 program, our in-person classes are currently replaced by live online daily programs. Please visit our website www.share.org.au to find out more.



Virtual Tai Chi Classes

Join us each Friday and Saturday mornings for live online Tai Chi to look after your mind, body and spirit.







