



COVID-19 UPDATE



Advice for the SHARE SMR Inc Community

Dear SHARE Community,

In response to the current outbreak of COVID-19 in Sydney, NSW Health has updated their advice for **Greater Sydney, Nepean Blue Mountains, Illawarra and Shellharbour regions**.

From **23rd June 2021** and until further notice, all office staff, contractors, instructors and participants must:

Wear a mask at all times: In line with current NSW Health advice, everyone, must wear a mask at all times in all facilities and venues where classes are held, office and at any events.

To note, cloth masks do not meet the requirements of the NSW Health directive, only surgical masks should be worn.

Continue to follow COVID-19 safe measures including best practice infection prevention and control practices.

Everyone should continue:

- Good hand hygiene, respiratory and cough etiquette
- Enhanced cleaning of shared equipment and frequently touched surfaces
- The one person per four square metre (2m x 2m) social distancing rule, where possible
- All participants must be screened
- Hydro Pool capacity limited to 10 people including instructors, in the pool to allow for 4 square metres.

Avoid unnecessary travel and work from home where possible. Head Office will discuss:

Use digital class and meeting options and cease non-essential travel and face-to-face meetings.

Isolate and get tested: If you feel unwell, even with the mildest of **symptoms**, do not come to work. Instead, stay at home, notify head office, get tested, and isolate until a negative result is received.

Regularly monitor locations of concern: The list and requirements for locations of concern is changing rapidly as contact tracing continues. Please continue to monitor the latest **NSW Health public health alerts**, and if needed to self-isolate and be tested.

In addition, staff who live, or work in the City of Sydney, Waverley, Randwick, Canada Bay, Inner West, Bayside, and Woollahra local government **areas**, cannot travel outside metropolitan Sydney for non-essential travel. **This does not apply for work. Staff should continue to follow current restrictions in their area when outside of work.**

If you have any questions, please speak with office staff on 8580 0628.

Regards,

"At SHARE, We Care"

Adrian Prakash
General Manager

